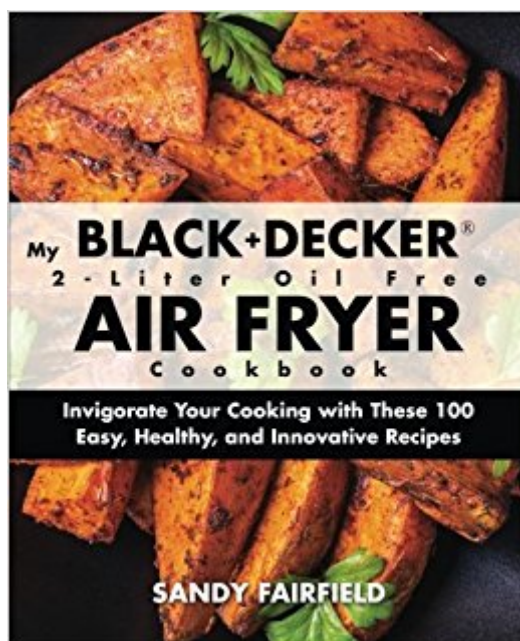


The book was found

My BLACK And DECKER 2-Liter Oil Free Air Fryer Cookbook: Invigorate Your Cooking With These 100 Easy, Healthy, And Innovative Recipes



Synopsis

All the GREAT Fried Food You Love with ZERO Guilt! Are you ready to make the most delicious and mouthwatering air fried meals ever? Do you want to provide your family with healthier yet crave worthy food? My BLACK+DECKER® 2-Liter Oil Free Air Fryer Cookbook: Invigorate Your Cooking With These 100 Easy, Healthy, and Innovative Recipes explains how this remarkable device gives you all the tastiness and flavor of fried food without the artery clogging grease and oil that fried food is typically prepared in. Get the most out of every meal AND the most out of your air fryer. This book will have you preparing sophisticated, amazing meals with complete ease. Get ready to enjoy a wealth of delicious recipes with your Black+Decker! When you incorporate Black and Decker air fried food into your everyday life, you'll be amazed at the positive changes and health benefits you will experience. By avoiding unhealthy oils, you can improve your cardiovascular and immune health, get clearer skin, and watch the pounds fall away.

Here's a preview of what you'll get from this book: Incredible Breakfast Recipes Like French Toast, Muffins, Salmon Quiche and Omlets Breakfast Sandwiches Party Food Like Bacon Wrapped Shrimp Bites, Dips, Calamari, Fried Pickles and Spring Rolls Pizza, Seafood, Pork Chops, and Chicken Wings Tons of Great Chicken Air Fryer Recipes Burgers! Potato Recipes (Side Dishes, Sweet Potato Fries, etc.) Popular Sandwich Recipes That Take it to the Next Level Vegan Recipes that Meat Eaters Will Love Like Kale Chips and Kickin' Buffalo Cauliflower Mouthwatering Desserts (Cheesecake, Brownies, Cupcakes, Donuts, etc.) Don't delay! Get your hands on the BLACK+DECKER® 2-Liter Oil Free Air Fryer Cookbook right away. You'll be so glad you did!

Book Information

Paperback: 226 pages

Publisher: Rascal Face Press (February 13, 2017)

Language: English

ISBN-10: 194505607X

ISBN-13: 978-1945056079

Product Dimensions: 7.5 x 0.5 x 9.2 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 11 customer reviews

Best Sellers Rank: #184,018 in Books (See Top 100 in Books) #74 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Fryers #97 in Books > Cookbooks, Food & Wine > Main

Customer Reviews

Overpriced

I have been cooking for several years and although I just got this book, it is very well detailed. No pictures. Just got the air fryer and will review at a later date. Lets face it Black and Decker has been around a long time, they know what they are doing. I ordered the cookbook for this fryer. Get the book if you get the fryer. It has helpful tips in it.

Good cookbook for the air fryer. Will make it much easier to use the fryer with some variety.

Works perfectly. Wife is happy.

Foods are perfect for everyday people great comfort foods that are easy to make most ingredients you have in your cupboard

I was hoping to get specific information on this fryer, but there was very little info that is specific to this fryer in the book.

Average airfryer cookbook. None of the recipes really jump out at me. Plus asks to preheat to 350 and airfryers only go to 200!!!

love these recipes

[Download to continue reading...](#)

My BLACK and DECKER 2-Liter Oil Free Air Fryer Cookbook: Invigorate Your Cooking with These 100 Easy, Healthy, and Innovative Recipes Air Fryer: Air Fryer Cookbook: Air Fryer Recipes: Healthy, Quick, & Easy Air Fryer Recipes for You & Your Family (Air Fryer, Air Fryer Cookbook, Air Fryer Recipes Book 1) AIR FRYER COOKBOOK: 135 AMAZINGLY DELICIOUS QUICK & EASY AIR FRYER RECIPES (air fryer healthy recipes, air fryer paleo, air fryer ultimate, air fryer gluten free, air fryer ketogenic) AIR FRYER: TOP 35 Easy And Delicious Recipes In One Cookbook For Everyday Life (Air Fryer Recipe Book, Air Fryer Cooking, Air Fryer Oven, Air Fryer Baking, Air Fryer Book, Air Frying Cookbook) Air Fryer Cookbook: Healthy & Easy Air Fryer Recipes for Everyone (Air

Privacy

